



Re-Vision

Counselling &
Psychotherapy
with a Soulful
Perspective

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Ethos of Re-Vision

“Ongoing care for the soul, rather than seeking for a cure, appreciates the mystery of human suffering and does not offer the illusion of a problem-free life”.

“Soul-making is a journey that takes time, effort, skill, knowledge, intuition, and courage. It is helpful to know that all work with soul is process—alchemy, pilgrimage, and adventure—so that we don’t expect instant success or even any kind of finality.”

Thomas Moore, Care of the Soul:

Patron of Re-Vision

As an educational charity we train counsellors and psychotherapists in an Integrative Transpersonal theoretical model which informs the craft of practice. We seek to embody the values, principles and qualities of that model in our training, business operations and as a provider of counselling services to our local community.

Our Mission Statement is:

Re-Vision aims to change people’s quality of life – to catalyse psychological, social and spiritual transformation.

We accomplish this through combining clinical excellence and soulful care in our counselling and psychotherapy training, public courses and affordable counselling.

We aim to provide greater accessibility to counselling and psychotherapy by embracing difference and challenging oppression, both within the Re-Vision community and in our relations with the public.

Our values statement says:

The bringing together of transpersonal value and soulful qualities with sound clinical skills is central to Re-Vision’s mission. Openness, honesty, clarity, challenge, beauty and tolerance are values that Re-Vision is committed to putting into practice. The essence of our identity as a community is to embody care, integrity and meaning, both in our work with individuals and in our efforts to reach out and have an influence on the larger society.

- We recognise that counselling and psychotherapy function within a social and political context that needs to be held in mind in the consulting room.
- We seek to honour political realities alongside the psychological; to this end we strive to actively oppose racism and all other forms of oppression. We seek to promote anti-racist practice in all training and all other functions of the organisation.
- We temper high ideals with knowledge of the shadow side of the human psyche and the need for grounded practice.

- We try to model what we teach and be open to re-vision ourselves in the light of new perspectives and feedback.
- We recognise that structural and institutional oppressions exist and we work to challenge these within the curriculum and all the activities of the organisation. We seek to encourage equality, inclusivity and creative diversity within a cooperative framework

Our core principles are informed by the codes of ethics of our two professional accrediting bodies. Principles direct attention to important ethical responsibilities and become the means to translate values into action. They are:

- Being trustworthy: honouring the trust placed in the practitioner.
- Autonomy: respect for the client's right to be self-governing.
- Beneficence: a commitment to promoting the client's wellbeing.
- Non-maleficence: a commitment to avoiding harm to the client.
- Justice: the fair and impartial treatment of all clients and the provision of adequate service.
- Self-respect: fostering the practitioner's self- knowledge, integrity and care for self.

The Re-Vision Code of Practice, which sets out how these professional values and principles function in the context of Integrative Transpersonal therapy applies equally to how we seek to operate as a business, work with our colleagues, teach our students, and practice with our clients.

As an organisation we seek to model our ethos and values in all our activities and require all staff to participate and engage in our ongoing reviewing and re-visioning of all aspects of our work and inter-relating. This applies equally to the delivery of training, the provision of low-cost therapy services to the local community, the relationship with our whole Re-Vision community and the operation of the business functions without which we cannot operate as a business or a charity.

A copy of the Re-Vision Code of Practice is included in the recruitment information pack.